



- Fathers have a profound effect on their children whether they like it or not.
- The more effort a father puts in, the more effect he is likely to have.
- Father figures: uncles, grandfathers, teachers, sport coaches, youth/scout leaders and pastors are also important to a child.
- The link between good fathering and the outcomes for children is so strong that it is estimated that if all Australian fathers spent an extra five minutes a day with each of their children, \$5 billion per year would be saved in the areas of law (less juvenile crime), health (less drug taking), education (more engaged) and industry (greater productivity).



how you can help the project

- The Fathering Project is hosted by The University of Western Australia. Your **donation** will assist the organisation to conduct research, make presentations at schools and build support groups for fathers. **It has tax deductible status.**
- **Sign up** for our newsletters and email tips on fathering.
- Become a **volunteer** to assist at our large presentations.
- Become an **advocate** for The Fathering Project.



thefatheringproject.org

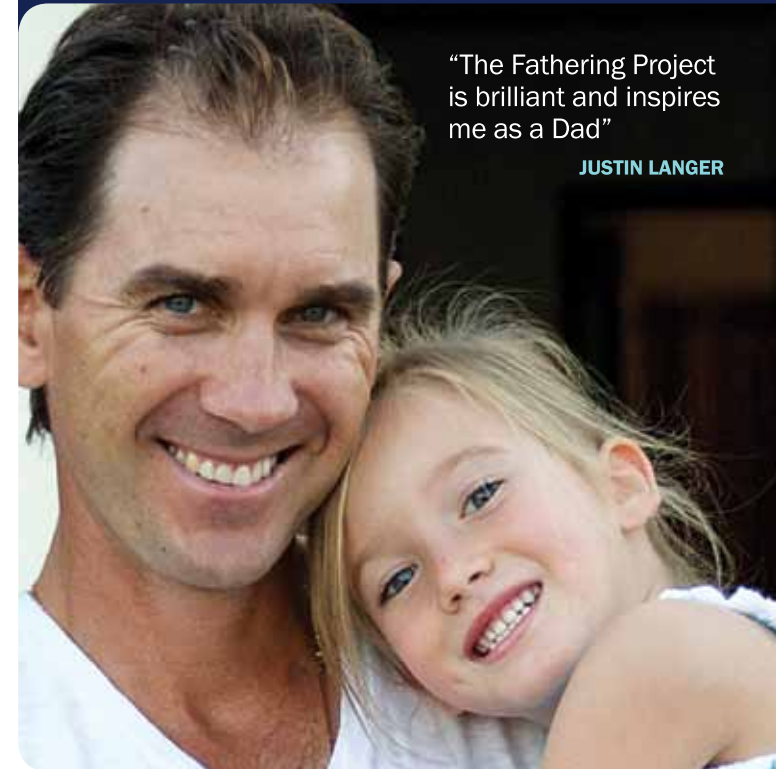
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THE UNIVERSITY OF
WESTERN AUSTRALIA
Achieve International Excellence

making time to be a dad



“The Fathering Project is brilliant and inspires me as a Dad”

JUSTIN LANGER



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friendly.
professional.
inspiring.



aims of the project

- To help fathers realise how important they are in a child's life and to give them advice on how to encourage their children.
- Encourage fathers to get involved early with their children: become pro-active.
- Help fathers and father figures get connected in positive ways.
- Provide handy hints and tips for busy fathers or partners.
- Reach fathers in their situation: schools, workplaces, community groups.
- Utilise research based evidence to encourage positive change in fathers.

project principles

Research conducted by The Fathering Project (The University of Western Australia and Edith Cowan University) combined with other research shows that:

- Fathers are strong potential influencers.
- Fathers often struggle to know how to be good dads.
- Being a good father does make a difference.
- A good relationship with your child is the best insurance against peer pressure.
- Children need time with fathers and father figures.
- There is a best practice for fathering – it is not all guesswork.



PROFESSOR
BRUCE ROBINSON

Dr Bruce Robinson is the author of best sellers *Daughters and their Dads*, *Fathering from the Fast Lane*, *The Blue Book of Tips for Fathers & Father-Figures* and a short DVD for fathers and father figures: *What kids really need from their dads*.

He has lectured on fathering for nearly 20 years to thousands of people in 5 different countries. A doctor, teacher and scientist, he has had over 150 papers published and has been the recipient of numerous awards.

He leads The Fathering Project team at The University of Western Australia.

the project team

The Fathering Project team is led by Dr Bruce Robinson, a Professor of Medicine at The University of Western Australia.

The team is supported by a Reference Group of professionals with outstanding expertise in the field of fathering.

Further information about the Reference Group is available on our web page.



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